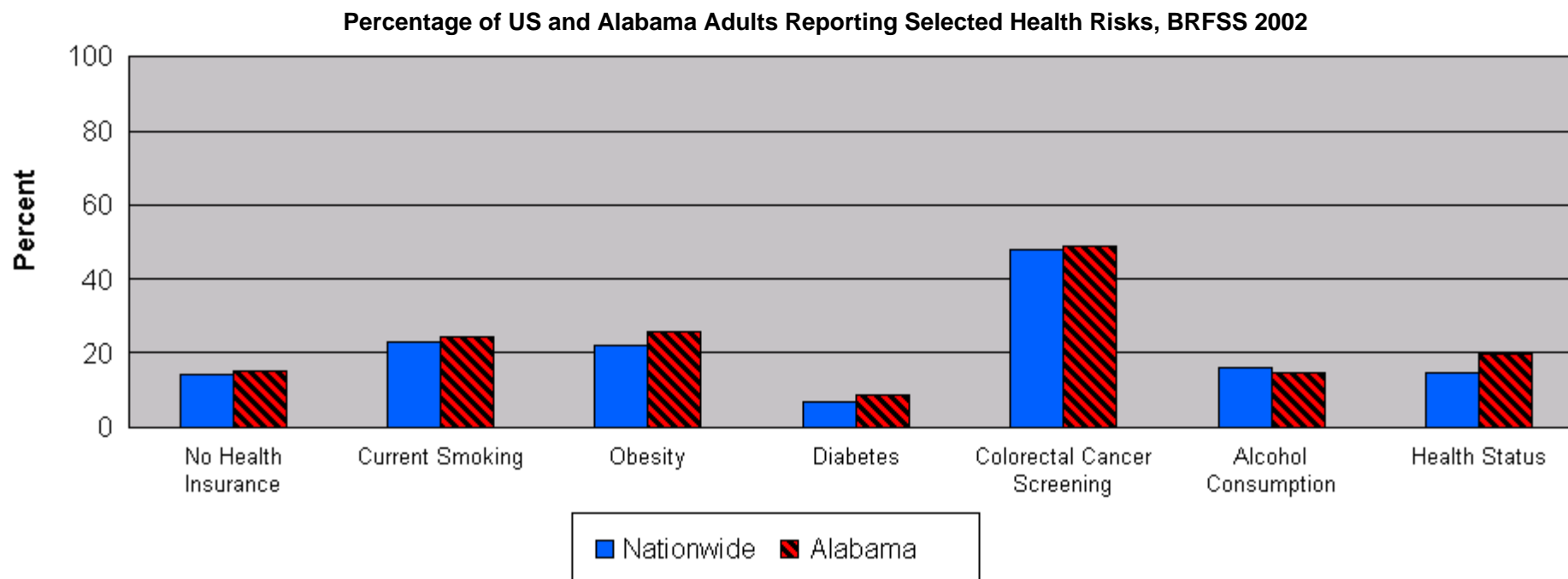


SMART BRFSS

(Selected Metropolitan/Micropolitan Area* Risk Trends from the Behavioral Risk Factor Surveillance System)

Alabama



Survey Definitions

No Health Insurance - Percentage of adults reporting no health care coverage in the past year

Current Smoking - Percentage of adults reporting having smoked at least 100 cigarettes in their lifetime and currently smoke

Obesity - Percentage of adults reporting Body Mass Index greater than or equal to 30.0

Diabetes - Percentage of adults told by doctor they have diabetes

Colorectal Cancer Screening - Percentage of adults reporting having ever had a sigmoidoscopy or colonoscopy exam

Alcohol Consumption - Percentage of adults reporting having five or more drinks on an occasion, one or more times in the past month

Health Status - Percentage of adults reporting general health as fair or poor

* Metropolitan statistical area - Group of counties that contain at least one urbanized area of 50,000 or more inhabitants. Micropolitan statistical area - Group of counties that contain at least one urban cluster of at least 10,000 but less than 50,000 inhabitants. Metropolitan Division - Smaller group of counties within a metropolitan statistical area which contains 2.5 million or more inhabitants. (Source: U.S. Office of Management and Budget)

SMART BRFSS

(Selected Metropolitan/Micropolitan Area Risk Trends from the Behavioral Risk Factor Surveillance System)

Alabama Areas

Percentage of Adults Reporting Selected Health Risks - Selected Alabama Areas, BRFSS 2002.

	Nationwide Median % *	Alabama % (±95% CI†)	Birmingham - Hoover, AL Metropolitan Statistical Area % (±95% CI)
No Health Insurance	14.1	15.1 (±1.8)	11.1 (±2.7)
Current Smoking	23.0	24.4 (±2.0)	24.0 (±3.7)
Obesity	22.2	25.7 (±2.0)	23.8 (±3.5)
Diabetes	6.7	8.5 (±1.0)	10.0 (±2.4)
Colorectal Cancer Screening	48.1	48.7 (±3.0)	54.4 (±5.9)
Alcohol Consumption	16.1	14.5 (±1.8)	15.5 (±3.5)
Health Status	14.7	19.7 (±1.6)	18.8 (±3.1)

* Median percentage of 50 states, District of Columbia, Puerto Rico, Guam, and the Virgin Islands.

NA = Prevalence estimate not available if the unweighted sample size for the denominator was < 50 or the CI half width > 10.

† CI Confidence Interval.

Counties included in Area Estimates

**Birmingham-Hoover, AL Metropolitan
Statistical Area**

Bibb County, AL, Blount County, AL, Chilton County, AL, Jefferson County, AL, Shelby County, AL, St. Clair
County, AL, Walker County, AL